

PMEX UPDATE

BUY	
	CRUDE10-AP26
95.95	3.77%
Expiry	19/Mar/26
Remaining	2 Days
Entry	95.4 - 95.93
Stoploss	93.75
Take Profit	97.68 - 98.76

SELL	
	NGAS1K-AP26
3.0440	0.69%
Expiry	26/Mar/26
Remaining	9 Days
Entry	3.09 - 3.06
Stoploss	3.14
Take Profit	3.02 - 2.96

SELL	
	GO10Z-AP26
5,005.95	0.07%
Expiry	27/Mar/26
Remaining	10 Days
Entry	5026 - 5016
Stoploss	5054.15
Take Profit	4990 - 4977

N/A	
	SL10-MA26
80.29	
Expiry	
Remaining	
Entry	---
Stoploss	#VALUE!
Take Profit	---

BUY	
	PLATINUM5-AP26
2,136.15	1.97%
Expiry	27/Mar/26
Remaining	10 Days
Entry	2126 - 2136
Stoploss	2088.04
Take Profit	2156 - 2165

SELL	
	COPPER-MY26
5.7662	-1.12%
Expiry	28/Apr/26
Remaining	42 Days
Entry	5.78 - 5.77
Stoploss	5.82
Take Profit	5.71 - 5.68

BUY	
	ICOTTON-MY26
68.64	0.66%
Expiry	22/Apr/26
Remaining	36 Days
Entry	68.35 - 68.55
Stoploss	68.21
Take Profit	69.21 - 69.51

SELL	
	DJ-MA26
47,251	-0.08%
Expiry	19/Mar/26
Remaining	2 Days
Entry	47037 - 47001
Stoploss	47341.77
Take Profit	46812 - 46705

SELL	
	SP500-MA26
6,744	-0.18%
Expiry	19/Mar/26
Remaining	2 Days
Entry	6716 - 6710
Stoploss	6766.19
Take Profit	6687 - 6677

SELL	
	NSDQ100-MA26
24,825	-0.27%
Expiry	19/Mar/26
Remaining	2 Days
Entry	24726 - 24699
Stoploss	24972.15
Take Profit	24609 - 24514

SELL	
	GOLDUSDJPY-AP26
159.14	0.04%
Expiry	27/Mar/26
Remaining	10 Days
Entry	159.26 - 159.15
Stoploss	159.58
Take Profit	158.91 - 158.81

BUY	
	GOLDEURUSD-AP26
1.1506	0.00%
Expiry	27/Mar/26
Remaining	10 Days
Entry	1.1488 - 1.1504
Stoploss	1.147
Take Profit	1.1525 - 1.1538

Major Headlines

Oil prices jump over 2%, Brent above \$100/barrel as Iran supply fears persist

Oil prices rose sharply in Asian trade on Tuesday, with Brent remaining above \$100 a barrel as concerns over supply disruptions stemming from the U.S.-Israel war on Iran remained largely in play. Crude prices recovered after a 5% drop in the prior session, as reports showed some vessels having successfully passed through the Strait of Hormuz. But the shipping lane still remained largely blocked [see more...](#)

Gold prices rise above \$5,000/oz with Iran war, central banks in focus

Gold prices rose above key levels in Asian trade on Tuesday with focus remaining on oil prices, the U.S.-Israel war on Iran, and a host of upcoming central bank meetings this week. The yellow metal had briefly fallen below \$5,000 an ounce in the prior session, but recovered back above the level after a drop in oil prices helped ease some concerns over the Iran war's inflationary impact. [see more...](#)

Stocks Climb but Technical Barriers Remain in Focus

Stocks finished higher on Monday, with the S&P 500 rising more than 1%. Most of the move was driven by a decline in implied volatility following the drop in oil prices. Equity market IV had been very elevated, so a volatility compression was inevitable—it was just a matter of whether it would occur on Monday or Tuesday, ahead of VIX expiration on Wednesday. That was also my calculated max pain level across all expirations on Monday in the S&P 500. [see more...](#)

USD/JPY Price Forecast: Remains above 159.50 amid persistent bullish bias

USD/JPY edges lower after four days of losses, trading around 159.60 during the Asian hours on Monday. On the daily chart, technical analysis indicates a persistent bullish bias as the pair remains within the ascending channel pattern. The near-term bias is bullish as the USD/JPY pair holds well above the rising 50-day Exponential Moving Average (EMA) and extends the rebound that followed the mid-month pullback. [see more...](#)

EUR/USD Price Forecast: Struggles to extend recovery above 1.1530

The EUR/USD pair holds onto Monday's gains slightly above 1.1500 during the European trading session on Tuesday. The major currency pair trades firmly as the US Dollar (USD) has come under pressure ahead of the Federal Reserve's (Fed) monetary policy announcement on Wednesday. As of writing, the US Dollar Index (DXY), which tracks the Greenback's value against six major currencies, trades marginally lower to near 99.70. [see more...](#)

Forex Today: US Dollar stabilizes as mood sours on rising Oil prices

Markets turn risk-averse on Tuesday as crude Oil prices rise again. In turn, the US Dollar (USD) benefits from safe-haven flows and holds its ground following Monday's selloff. The European economic calendar will feature ZEW sentiment data from Germany. In the second half of the day, February Pending Home Sales and ADP Employment Change 4-week Average [see more...](#)

Economic Calendar

No event scheduled

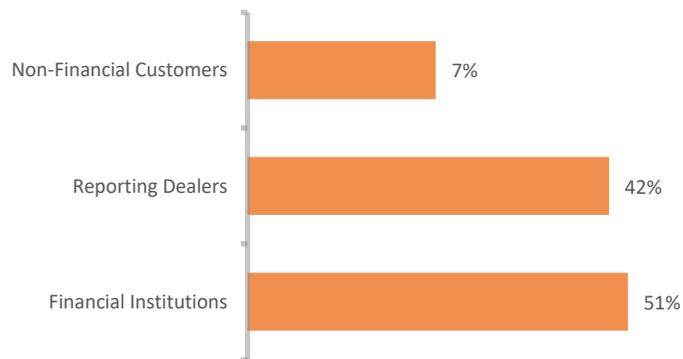
FOREX MARKETS' STATISTICS

Forex Market Hours

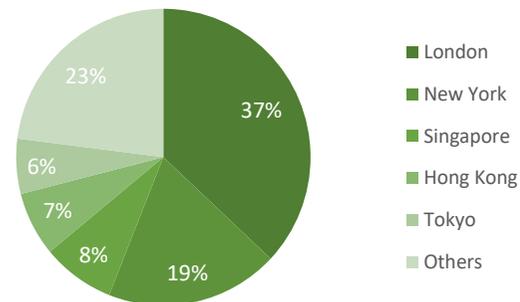


Note: This chart shows the normal forex trading times of all the major forex trading centers across the globe in Pakistan Standard Time.

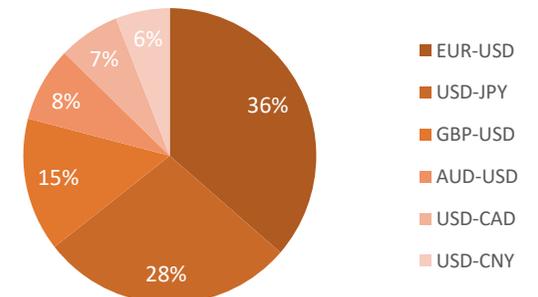
Forex Turnover by Counterparty



Markets' Share in Total Forex Turnover



Most Traded Currency Pairs



Sources: ACPL Research, Forexmarkethours, Dailyfx, Ig

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DISCLOSURE

Following exchange rates are used to convert investment and profit values:

- USD/PKR: 280.10
- JPY/PKR: 1.97

To arrive at our Target Price, Abbasi & Company (Private) Limited uses following methods:

- Technical Analysis
- Fundamental Analysis

Furthermore, profit and returns are inclusive of all expenses including PMEX Fee, ACPL Fee & Sales Tax

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